

THE NEST EGG NEWS



December 2001

XV Number 2

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Just A Word

We hope that you had a wonderful holiday season and wish you the best for the New Year. E-mail joycelyn@lsprf.com with suggestions for topics or any questions you would like answered in future issues. Let us know what's on your mind!

Till next time,
Joycelyn Gunby



225.922.0465



225.922.0422



www.lsprf.com

ACTIVE DEPUTY PARISH REPRESENTATIVE RESULTS

DISTRICT 1

Jefferson Newell Normand
Lafourche Linda M. Bernard
Orleans (Civil) John H. Baker, III
Plaquemines Lawrence Tabony, Jr.
St. Charles Patrick Yoes
St. James Janelle G. Millet
St. John Marcel L. Jaubert

DISTRICT 2

E. Baton Rouge Duane T. "Turkey" Jones
East Feliciana Betty C. Crain
Livingston Ronald J. Morse
St. Tammany Tim Lentz
Tangipahoa Johanna "Sissy" Daigle
Washington Sarah B. Riley

DISTRICT 3

Ascension Ward Webb
Lafayette Patrick Faul
St. Martin Charles J. Douet
St. Mary Francis P. Mula, Jr.
Terrebonne Michael W. Dean

DISTRICT 4

Acadia Karen Hebert Breaux
Allen Phillip Vining
Beauregard Ricky L. Moses
Calcasieu Randy Key
Cameron Robert G. Primeaux
Jefferson Davis Douglas Britnell
Vermilion Kirk Frith

DISTRICT 5

Avoyelles Gerard Guillory
Catahoula George Tosspon
Concordia Sandra Burget
Rapides Alma D. Perkins
St. Landry Vernon Marks
Vernon Michael Gore
West Feliciana J. Randy Davis

DISTRICT 6

DeSoto R. W. "Bob" Moore
LaSalle Don M. Moses
Natchitoches Calvin McFerrin
Red River Joseph J. Wiggins

DISTRICT 7

Franklin Edmond L. Hatten
Madison Lisa Byrd
Ouachita Joe Davis
Richland Joe Seymour
West Carroll Brenda Abernathy

DISTRICT 8

Bossier Don Rittenberry
Caddo Richard A. Corbett, Jr.
Claiborne Ben Booth
Jackson Dan Morgan
Union Larry D. Arrington
Webster Ken Shelton

RETIRED DEPUTY PARISH REPRESENTATIVE RESULTS

DISTRICT 1

St. Bernard Raymond Spicuzza
St. Charles Darwyn Grabert
St. John Herman Miller, Jr.

DISTRICT 2

Baton Rouge Dannie E. Mixon
Livingston Willie Lee Kinchen

DISTRICT 3

Ascension Emile J. Martinez, Jr.
Iberia Percy P. Viator
Iberville Dorothea S. Beeson
Lafayette Roy Pete Hebert
Terrebonne Theodore M. Dryden

DISTRICT 4

Calcasieu Ray Gillard

DISTRICT 5

Point Coupee Oneil F. Leonard, Jr.
Rapides Graham Hendricks

DISTRICT 6

Grant Alva Lary
Sabine Robert P. Brumley
Winn Prentice L. Dunn

DISTRICT 7

Ouachita Laura Endsley
Tensas George Phillips, Jr.

DISTRICT 8

Bossier Heneritte F. Player
Caddo Betty Fontaine Jones
Webster Johnny R. David

HEALTH CARE HAZARDS

Americans spend \$500 million each year on vitamins, minerals, and health remedies *they don't need*. The Food and Drug Administration emphasizes that sensible eating can provide most of the nutrients the body needs, and everyday, cheaper foods may be as healthy as so-called health foods.

Americans are vulnerable to health swindles because we are health-conscious. We have come to think of science as achieving all of its goals. It must have found a remedy for our ailment.

We are exposed to articles and advertisements about health. We hear about new health practices in other countries, often different from those in our own country.

The American Medical Association suggests that you can recognize a “quack” by any of the following:

- Relies on a “special” formula or “secret” device to effect a cure.
- Implies a quick or easy cure.
- Relies heavily on testimonials from patients.
- Will not allow methods to be examined by competent medical authorities.
- Scoffs at the practice of medicine and claims that he is being persecuted by medical men.
- Claims that methods are superior to those used by medical doctors.

The American Medical Association recommends the following to protect you from fraud:

- Leave your diagnosis to your physician.
- Take medications *only* under the prescription of your physician.
- Be wary about testimonials. Even genuine cures may not be due to the causes held responsible for them. Spontaneous remission may account for relief which is supposed to have come from another source.
- Beware of “sure cures” for ailments such as arthritis, for which no known cure has been found.
- Avoid products that promise more than temporary relief for minor arthritis pain.
- Check all medications with your physician before taking them.
- Consult your pharmacist about how to take your medication, and other drug information.

Source: *Ready or Not*
Your Retirement Planning Guide
www.manpower-education.org

LSPRF WEBSITE

The word must be out! Over 400 people have visited our website since our last *NEST EGG* edition. Did you know you can obtain estimated benefits using our *benefits calculator*? Are you up to date on the latest *breaking news*? Need to know *who to contact* and their work related areas? Log on at www.lsprf.com and stay informed.

QUOTABLE QUOTE

When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us.

~Helen Keller

In Memoriam

In Loving Memory of Those Who Have Passed From This Life

CADDO PARISH

James Goslin 07/28/01
Frances Roberts 12/30/01
Claudia Trussell 11/09/01

CALCASIEU PARISH

Mary Little 11/23/01
Surviving Spouse of Henry Little

EAST BATON ROUGE PARISH

Reacey Carney 12/26/01
James Gilpin 12/05/01

JEFFERSON PARISH

Patricia Jeanpierre 11/20/01
Larry Melancon 04/27/01
Jane Webb 10/02/01

JEFFERSON DAVIS PARISH

F. Ledel Forestier 11/19/01

LAFAYETTE PARISH

Oran Carrier 11/08/01
Ronald LeBlanc 05/10/01

LAFOURCHE PARISH

Bennie Hardberger 12/22/01
Surviving Spouse of Roy Naquin

ORLEANS PARISH (CRIMINAL)

Henry Thompson, III 09/24/01

RAPIDES PARISH

Jency Reynolds 10/20/01
Surviving Spouse of Walter Reynolds
Billy Caughlin 10/24/01

ST. JAMES PARISH

Ellis Boudreaux 09/08/01

ST. LANDRY PARISH

John Miller 12/04/01

ST. MARTIN PARISH

Maria Theriot 12/13/01
Spouse of George Theriot

ST. MARY PARISH

Alfreda Tranchina 11/15/01

TANGIPAHOA PARISH

Helen Joynton 12/03/01
Surviving Spouse of Harry Joynton

UNION PARISH

Troy Fields 11/03/01

WINN PARISH

Sherman Ford 11/13/01

NEW PENSION RECIPIENTS

CADDO PARISH

Thomas Alexander 28.07945
(Disability)
George Matheny 18.99726
Millicent Montgomery 16.04383
Edward Ramsey 22.56164
(Disability)

CALCASIEU PARISH

John Bartley 18.16713
Herman Treme 16.74794
Calvin Vincent 25.25205

EAST BATON ROUGE PARISH

John Ard, Jr. 19.80548
(Disability)
Reacey Carney 30.07124
Vincent Laborde 33.54521
Peggy Pourciau 27.12602
Pauline Roussa 17.03562
Larry Washington 27.27672

IBERIA PARISH

Barbara Cormier 17.16713

JEFFERSON PARISH

Robert Achor 25.12328
Barbara Champagne 17.50411
Fred Falgout 30.32054
Gary McClay 19.02192
Mary Ann Williams 14.96438
Dan Wirth 31.41918

LAFAYETTE PARISH

Faye Dugas 15.17808

LAFOURCHE PARISH

Jimmie Ordoyne 21.03835
Allan Wall 26.68717

OUACHITA PARISH

Celess Parnell 25.00274
Glynn White 20.42740

ST. BERNARD PARISH

Robert Sinopoli 13.91780

ST. TAMMANY PARISH

Shirley Atkins 32.01095
Bobbie Biggers 14.63562
(Disability)

VERNON PARISH

Helga Harris
Former spouse of James Harris

WASHINGTON PARISH

Stanley Herring 5.91507
(Disability)

SURVIVORS RECEIVING BENEFITS

LAFAYETTE PARISH
Haley LeBlanc
Child of Ronald LeBlanc

ORLEANS CRIMINAL PARISH
Chriss Thompson
Spouse of Henry Thompson, III

UNION PARISH
Jean Fields
Spouse of Troy Fields

Refund Schedule for 2002

Paperwork Received and completed by:

January 2nd
January 17th
January 31st
February 15th
February 28th
March 15th
April 2nd
April 16th
May 1st
May 15th
May 31st
June 17th
June 25th

No refunds processed on July 5th

July 16th
July 31st
August 15th
September 3rd
September 17th
October 1st
October 16th
October 30st
November 15th
December 2nd
December 17th

Refunds Mailed

January 7th
January 22nd
February 5th
February 20th
March 5th
March 20th
April 5th
April 19th
May 6th
May 20th
June 5th
June 20th
July 1st
July 19th
August 5th
August 20th
September 6th
September 20th
October 4th
October 21st
November 4th
November 20th
December 5th
December 20th

Frequently Asked Questions

- Q: I am retired and have health insurance just on myself through my sheriff's office. If I should die, will my spouse be able to receive coverage through the sheriff's office?**
- A:** No, not if you did not have your spouse on your health insurance at the time of your death.
- Q: Can I choose a certain dollar amount to be withheld for taxes?**
- A:** Yes, you can. However, the Pension Fund office will not be able to update the amount you choose automatically, if the tax rates change. In that case, you might not pay enough during the year or you might pay too much.
- Q: How can I change my withholding rate for federal taxes?**
- A:** Send the requested change in writing to the Sheriffs Pension Fund office specifying the new withholding status (i.e., S-0, M-1, etc.) or dollar amount to be withheld.

YOUR CONTRIBUTIONS AT WORK FOR YOUR FUTURE

Sheriffs Pension & Relief Fund Balance Sheet as of 11/30/01

ACCOUNT NAME	BALANCE	TOTALS
ASSETS		
CASH IN BANK		
DREYFUS MM	7,922,084	
CASH-ATLANTA CAPITAL	1,535,013	
CASH-WELLINGTON ACTV	5,314	
CASH-LORD ABBETT	963,662	
CASH-PROVIDENT	3,070,653	
CASH-LOOMIS	1,898,780	
CASH-ORLEANS	24,248,031	
CASH-STERLING	947,181	
CASH-SELIGMAN	9,408,267	
GENERAL CHECKING	251,965	
BENEFITS CHECKING	185,492	
PETTY CASH	225	
ACCOUNTS RECEIVABLE	9,543	
TOTAL CASH IN BANK		50,446,210
INVESTMENTS		
FIXED INCOME INVSTMT	417,302,254	
EQUITY SECURITIES	304,191,232	
INTERNATNL EQUITIES	31,162,229	
TOTAL INVESTMENTS		752,655,715
FIXED ASSETS		
BLDG UNDER CONSTRCTN	4,739	
FIXED ASSETS	417,229	
ALLOWANCE FOR DEPREC	253,314	
TOTAL FIXED ASSETS		168,654
RECEIVABLES		
FIXED INCOME-INT REC	5,235,795	
DREYFUS MM-INT REC	70,558	
DIVIDENDS RECEIVABLE	142,752	
SOLD INVSTMTS REC'V	3,728,811	
TOTAL RECEIVABLES		9,177,916
CONTRIBUTIONS - RECEIVABLE		
TAX COLLECTIONS RECV	1,686	
TOTAL CONTRIBUTIONS - RECEIVABLE		1,686
OTHER ASSETS		
RENT DEPOSIT	4,000	
TOTAL OTHER ASSETS		4,000
TOTAL ASSETS		812,454,181
LIABILITIES AND FUNDS BALANCE		
PAYABLES		
RESERVE FOR SOC SEC	475	
RESERVE - STATE TAX	929	
RESERVE-FED TAX PENS	203,264	
RESERVE FED TAX SAL	2,705	
RESERVE-DEFER'D COMP	1,639	
RESERVE - INSURANCE	5,444	
MISC P/R DEDUCTIONS	113	
TOTAL PAYABLES		203,681
PAYABLES		
ACCRUED LEAVE PAYABL	98,467	
UNEMPLOYMENT INSURAN	702	
PENSIONS PAYABLE	33,481	
PURCHSD INVSTMT PAYB	4,212,262	
REFUNDS PAYABLE	182,800	
TOTAL PAYABLES		4,527,712
FUND BALANCE ACCTS		
FUND INCREASE - YTD	2,350,053	
PENSION ACCUMULATION	344,516,470	
ANNUITANT SAVINGS	180,198,836	
ANNUITANT RESERVE	273,389,401	
DROP EQUITY	11,968,134	
TOTAL FUND BALANCE ACCTS		807,722,788 ***
TOTAL LIABILITIES AND FUNDS BALANCE		812,454,181

Sheriffs Pension & Relief Fund Profit & Loss Statement as of 11/30/01

YEAR ACTUAL AMOUNT	TO DATE LAST YEAR AMOUNT	CURRENT ACTUAL AMOUNT	MONTH LAST YEAR AMOUNT
		INCOME	
11,655,897	10,488,463	3,036,395	2,421,027
0	0	0	0
2,998	3,779	1,310	1,223
8,300,600	6,481,578	2,173,141	1,491,177
0	0	0	0
10,138	18,623	2,063	3,736
25,346	0	5,158	0
116,146	149,420	46,534	16,876
367,912	293,582	14,099	29,639
60	60	12	12
150,567	118,571	32,556	33,905
7,279	2,575	500	2,575
1,617,528	1,756,824	294,812	334,015
0	0	0	0
0	0	0	0
11,613,264	11,013,166	2,077,085	2,137,169
393,517	773,561	68,863	203,531
51,646	55,954	6,389	352
0	3,489	0	3,489
127,822	46,081	52,983	10,327
1,059,177	672,317	140,739	157,115
236,549	193,752	66,102	15,503
468,240	414,521	140,234	91,853
0	0	0	0
0	0	0	0
313	505	0	0
9,246,891	9,760,159	2,908,202	39,659
5,951	14,970	0	0
2,636	20,350	279	2,903
0	34	0	0
45,460,477	42,282,266	11,066,898	6,996,086
		EXPENSES PAID	
12,787,802	11,950,225	2,622,403	2,425,912
1,617,528	1,756,824	294,812	334,015
12,784	0	0	0
216,777	197,127	43,483	38,921
667,445	1,573,573	135,949	52,975
24,294	12,750	4,815	2,649
24,191	13,608	3,164	2,862
3,617	3,812	698	537
1,038	906	0	200
4,598	4,853	162	913
6,191	4,298	0	4,298
2,566	3,733	0	1,456
0	565	0	0
3,830	1,976	700	750
0	0	0	0
110	121	0	0
945	875	175	175
0	0	0	0
6,668	363	6,668	0
0	0	0	0
27,587	27,585	5,517	5,517
680	916	169	67
18,525	38,633	1,106	3,025
12,053	0	4,771	0
0	0	0	0
9,556	7,128	3,153	282
4,788	7,776	1,077	1,175
0	0	0	0
25,346	0	5,158	0
2,298	1,949	456	405
118,039	90,560	32,516	18,185
34,044	22,060	26,317	1,380
13,450	13,450	2,690	2,690
16,000	16,300	3,200	3,200
33,750	17,500	0	0
280,982	350,529	280,982	350,259
25,096	21,434	0	4,393
1,951	1,330	390	431
6,863	3,143	390	210
0	0	0	0
38,706	32,737	9,611	16,322
534	0	534	0
22,591,987	8,387,272	368,786	4,285,687
11,927	13,138	2,484	2,475
0	0	0	0
1,738	1,580	348	311
0	0	0	0
247,549	162,583	38,474	0
3,280,136	5,091,613	756,620	892,715
192	0	0	0
42,184,161	29,834,825	4,657,778	8,454,392
5,626,369	19,275,719	9,957,345	6,893,847
2,350,053	6,828,278	16,366,465	8,352,153

***This figure is "Net Assets" which is total assets, less total liabilities and reflects the true value of the Fund at 11/30/01, based on market value of the assets.

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NEST EGG NEWS

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